

Animal Therapy

for Hearing Loss Patients



Heuser Hearing Institute
Heuser Hearing & Language Academy

AVAILABLE AT OUR INTEGRATIVE COUNSELING AND WELLNESS CENTER

Hearing loss doesn't just affect your body—it can have an impact on your mind and spirit. At Heuser, we recognize the importance of mental and emotional well-being as it relates to physical well-being. That's why we take an integrative approach to treating patients with hearing loss by offering animal therapy, including Emotional Support Animal (ESA) evaluation and certification, as part of our patient treatment plans.

Integrative therapy helps reduce the symptoms of distress, anxiety, depression and social isolation that patients with hearing loss often experience. Together, hearing health care and integrative therapies improve overall quality of life.

Animal therapy and emotional support animals can:

- Allow patients to maintain emotional wellness through the human-animal connection and emotional-tactile-sensory support that animal companions provide.
- Help patients regain a sense of balance within themselves and in their relationships with family and friends.
- Show patients unconditional love.
- Reduce symptoms of distress and increase well-being.

Interested in incorporating animal therapy into your treatment or hearing care plan? Ask your health care provider to refer you to Heuser Hearing Institute's Integrative Counseling and Wellness Center today.

**Call 502-584-3573 to make an appointment. For questions,
email bmartin@thehearinginstitute.org.**

ABOUT THE INTEGRATIVE COUNSELING AND WELLNESS CENTER

Heuser Hearing Institute's Integrative Counseling & Wellness Center provides patient-centered assessment, diagnosis, counseling and integrative healing therapy techniques for individuals, families, caregivers and groups to cope with the stress and practical challenges of life, hearing loss and issues related to hearing and ear health.

Therapies include modern Western counseling and traditional Eastern methods, such as Havening Techniques®, Reiki, Mindfulness, Tai Chi, animal therapy (*including emotional support animal evaluation and certification*) and other evidence-based approaches.

